

MAPLES

FAMILY RESTAURANT
Established 1980



WWW.MAPLESRESTAURANTCT.COM

Full Menu Available 7am-8pm

Our Story

Kostas “Gus” Kolitsas left the farm where he was born in Andros, Greece in 1979. Along with his mother and brother, Gus came to the United States to reunite with his father, George, who had come four years earlier to establish himself. Settling in Waterbury, Connecticut, the young family planted roots, with George earning the position of head chef in one of the area’s busiest restaurants. Gus, who had just turned sixteen, attended school during the day and on evenings and weekends, went to work washing dishes, cleaning floors and slowly learning the culinary arts at a small pizza restaurant tucked into an old strip mall on Straits Turnpike. The restaurant, known then as “Maples Pizza”, was to become the only job that Gus was to have.

As Maples grew, so did Gus. He learned about Italian cooking, about classic American cooking, and about customer service and the restaurant business. Under the owner, Gus was quickly promoted to line cook and became head chef at the young age of 26. By this time, Maples was in its new location across the street, in a building built in 1986. Eventually, pizza came off the menu and Maples became known as the town’s favorite family restaurant.

Today, Gus owns the restaurant, realizing every immigrant’s American Dream.

Under his direction, Maples has become the true diner of Americana that it was designed to be, with All Day Breakfast and a large offering of delicious sandwiches, homemade soups and comfort foods made from scratch. As for the Italian food that put Maples on the map those many decades ago, Gus continues to serve up some of the area’s best, honoring the original Maples and the restaurant’s origins.

Whether you have been a regular guest to his restaurant since those early days, or whether you are a first time guest, Gus hopes you enjoy, tell a friend and come back soon, becoming part of the continuing story of Maples Family Restaurant of Middlebury!



If you don't see your favorite item, ask us, we will gladly prepare it for you

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18.5 % gratuity will be added to parties of 6 or more Prices subject to change



All Day Breakfast Cooked to Order

Eggs ‘n’ Such

Two Eggs, Any Way You Like ‘em 6.99
(Single Egg 4.49)

Steak ‘n’ Eggs 16 oz NY Sirloin 30.99
Our famous NY Sirloin cooked to perfection; the perfect way to spoil yourself at breakfast

Corned Beef Hash ‘n’ Eggs 15.99

Liver ‘n’ Eggs 13.49

Kielbasa ‘n’ Eggs 14.49

Salami & Eggs 13.49

Above served with two extra large eggs cooked any style, toast and choice of home fries or fruit

Eggs Florentine 15.99

Over feta & spinach

Mama’s Meatloaf ‘n’ Eggs 15.99

Chorizo Sausage ‘n’ Eggs 15.99

Above served with three extra large eggs cooked any style, toast and choice of home fries or fruit

Add **Sausage, Bacon, Turkey Bacon, Ham or Canadian Bacon 4.99**

Hungry Breakfast 16.79

Belgian waffle or short stack of pancakes or short stack of Texas French toast; two eggs any style; home fries or fruit; sausage or bacon; toast

Very Hungry Breakfast 17.99

Full stack of pancakes or full stack of Texas French toast; three eggs any style; home fries or fruit; sausage and bacon; toast

Buffet on a Plate 17.79

Three extra large eggs any style; ham; sausage; bacon; home fries or fruit; toast

Pastrami ‘n’ Eggs 14.49

Two extra large eggs any style; home fries or fruit; toast

Philly Steak ‘n’ Eggs 15.99

Three extra large eggs any style topped w mushrooms & onions; home fries or fruit; toast

Benedict Eggs

Eggs Benedict two poached eggs with Canadian bacon on English muffins, topped with Hollandaise sauce **15.79**

Maples Benedict two poached eggs with avocado and tomato on English muffins, topped with Hollandaise sauce **16.79**

Irish Benedict two poached eggs with corned beef hash on English muffins, topped with Hollandaise sauce **16.79**

Florentine Benedict two poached eggs with spinach on English muffins, topped with Hollandaise sauce **16.49**

South of the Border Benedict two poached or scrambled eggs with avocado and jack cheese on English muffins, topped with side salsa **16.99**

Above served over an English muffin with choice of home fries or fruit

Pancakes, Texas French Toast, Waffles

Full Stack Pancakes or Texas French Toast (three) 9.79

Short Stack Pancakes or Texas French Toast (two) 8.79

Very French Toast (made with Croissant) 11.99

Plain Belgian Waffle (one) 8.49

Build Your Own Pancakes, Texas French Toast or Waffle walnuts, apples, Nutella, blueberry topping, strawberry topping, coconut, almonds, chocolate chips, banana, M&M’s, Oreo crumbles, rainbow sprinkles each item add 1.79

with gluten-free pancakes add 2.50

Waffle Sundae waffle topped with ice cream, Nutella, whipped cream, and bananas **17.99**

add real maple syrup **2.50** with gluten-free waffle add **2.50**

Gluten-Free Pancakes (three) 10.99; short stack (two) 9.99

Gluten-Free Waffle (one) 11.99

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Homemade Soups

Our chefs get up early to prepare our fresh made soups from the finest ingredients; slow cooked to create the most flavorful results

French Onion crock, baked with crouton and melted mozzarella **6.99**

Pasta e Fagiole cup **3.99** bowl **6.45**

Soup of the Day cup **3.99** bowl **6.45**

Starters

Wings with celery, carrots and bleu cheese dressing, Buffalo, Spicy Peach, Garlic Parmesan, Honey Hot, Sweet Teriyaki **16.79**

Boneless Chicken Fingers with celery, carrots and bleu cheese dressing. Buffalo, Spicy Peach, Garlic Parmesan, Honey Hot, Sweet Teriyaki **16.79**

Fried Calamari traditional style, with marinara and lemon **15.99**

Maples Calamari with Gorgonzola and cherry peppers **18.99**

Mac 'n' Chees Bites with marinara **10.49**

Fried Mozzarella in marinara sauce **11.49**

Mussels Marinara **14.99**

Spanakopita spinach and feta cheese wrapped in filo dough **11.49**

Potato Skins with bacon, cheddar **10.99**

Cheese Quesadilla **11.99**

Veggie Quesadilla cheddar-Jack, onions, peppers; salsa & sour cream on the side **12.99**

Chicken Quesadilla cheddar-Jack, onions, peppers; salsa & sour cream on the side **14.99**

Gus's Famous Stuffed Mushrooms with a home style buttery Ritz cracker, crabmeat and seafood stuffing **11.99**

Broccoli Rabe with Sweet Italian Sausage fresh broccoli rabe sautéed in olive oil with slices of home style sweet Italian sausage **14.49**

Loaded Fries French fries smothered in melted cheese, bacon and brown gravy **9.79**

Oversized Salads

House mixed greens, tomatoes, cucumbers, red onions, roasted peppers, olives **10.99**

Greek mixed greens, tomatoes, cucumbers, red onions, roasted peppers, olives, stuffed grape leaves, feta cheese **16.49**

Caesar romaine hearts, croutons, parmesan cheese, Caesar dressing **12.99**

Waldorf mixed greens, fresh apples, walnuts, cranberries, gorgonzola cheese **14.49**

Chopped romaine hearts, bacon, red onions, hardboiled eggs, cheddar cheese, roasted peppers, olives, avocado **17.49**

Classic Chef's Salad romaine hearts, turkey, Virginia ham, roast beef, salami, red onions, hardboiled eggs, Swiss cheese, cucumber, olives, tomatoes **17.49**

Cobb Salad romaine hearts, grilled chicken, bacon, hardboiled eggs, tomatoes, avocado **16.49**

All salads come with choice of dressing

*Add grilled chicken 4.99; *add shrimp 2.50 each; *add salmon 13.99; add gorgonzola 1.99; *add steak 13.49 extra dressing 1.25

Salad Platters

Choice of: Tuna Salad, Chicken Salad, Egg Salad or Roast Turkey Breast

on bed of greens with potato salad, coleslaw, hard boiled eggs, tomatoes, cucumbers, olives **15.49**

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Handhelds

No Fork Necessary, Extra Napkins Required

*All sandwiches, melts, and burgers served with French fries, coleslaw or chick peas and pickle
Substitute our giant onion rings, eggplant fries or sweet potato fries 1.99 Add avocado 2.99*

***NY Strip Steak Sandwich** lettuce and tomato, Hard roll **15.99**

***Grilled Chicken Sandwich** Swiss, bacon, lettuce, tomato, mayo, Hard roll **15.99**

***Crispy Chicken 'n' Egg** one over easy egg, bacon, Hard roll **15.99**

Fried Filet of Sole American cheese, lettuce, tartar sauce, hamburger roll **14.99**

Tuna Melt grilled with American and tomato, on rye **14.99**

Pastrami Melt grilled with Swiss, tomato and onion, on rye **15.79**

California Melt grilled with chicken salad, Swiss, avocado and tomato, on rye **15.99**

Corned Beef Reuben Swiss, sauerkraut on rye with 1000 island dressing on side **15.99**

Pastrami Reuben Swiss, sauerkraut on rye with 1000 island dressing on side **15.99**

Customer Favorites

Thanksgiving Sandwich fresh roasted turkey topped with Swiss, cranberry sauce and stuffing, on rye **15.79**

Crispy Chicken Sandwich cheddar, bacon, lettuce, tomato, ranch, Hard roll **16.50**

Patty Melt burger patty, swiss, grilled onions, grilled rye bread **15.99**

Grilled Cheese you pick the cheese and the bread, we melt it! **8.99** add bacon 2.25; add tomato .75

BLT bacon, lettuce, tomato, mayo, choice of toast **13.49**

Very BLT twice the bacon, lettuce, tomato, mayo, choice of toast **14.99**

Egg Salad or Tuna Salad lettuce and tomato, choice of bread **13.99**

Chicken Salad topped with craisins, lettuce and tomato, choice of bread **13.99**

***Roast Turkey** fresh roasted turkey breast, lettuce, tomato and mayo, choice of bread **15.25**

***Roast Beef** lettuce, tomato, choice of bread **15.99**

Ham and Cheddar hand-sliced Virginia ham, lettuce, tomato and mayo, choice of bread **14.99**

***Meatball Parm Grinder** marinara sauce and mozzarella cheese, grinder roll **14.99**

***Chicken Parm Grinder** marinara sauce and mozzarella cheese, grinder roll **15.99**

Eggplant Parm Grinder marinara sauce and mozzarella cheese, grinder roll **14.99**

Italian Combo Grinder ham, salami, provolone, lettuce, tomatoes, onions, grinder roll **15.99**

***Liver, Bacon and Onion** on rye **12.49**

Club Sandwich triple-decker with swiss, bacon, lettuce, tomato and mayo, choice of toast **15.99**

Choice of: **Turkey, Roast Beef-Swiss, Chicken Salad, Tuna Salad w/Hard boiled egg**

Pepper & Egg Grinder american cheese **13.99**

Philly Steak Grinder mushroom, onion and american cheese **15.99**

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Burgers ‘n’ Dogs

*Burgers ‘n’ Dogs served with French fries, coleslaw or chick peas and pickle
Substitute our eggplant fries, onion rings or sweet potato fries 1.99*

- *Hamburger** 5.2oz quarter pound classic burger, lettuce, tomato **13.99** double the burger add 3.99
- *Cheeseburger** 5.2oz with American cheese, lettuce, tomato **14.99** double the burger add 3.99
- *Bacon Cheese burger** 5.2oz with American cheese, lettuce, tomato **15.99** double the burger add 3.99
- *Mexiburger** 5.2oz with cheddar cheese, grilled jalapenos, onions, salsa on the side **16.99** double the burger add 3.99
- *Brunchburger** 5.2oz with American cheese, egg over easy, bacon **16.99** double the burger add 3.99
- *Cowboyburger** 5.2oz with American cheese, bacon, fried onion ring, bbq sauce **16.25** double the burger add 3.99
- *Mac ‘n’ Cheeseburger** 5.2oz with cheddar cheese, bacon, fried mac ‘n’ cheese bites **16.25** double the burger add 3.99
- *Turkey Burger** quarter pound, lettuce, tomato **14.99**
- Veggie Burger** with mozzarella cheese, roasted red pepper, lettuce, tomato **15.99**
- Hot Dog** **9.25**
- Mushroom ‘n’ Onion Dog** with grilled mushrooms & onions **10.99**
- Cheese ‘n’ Bacon Hot Dog** with melted American & bacon **11.99**
- Reuben Dog** with Swiss, sauerkraut and 1,000 island dressing (on the side) **11.99**
- *Best of Both Worlds – Burger w/chs ‘n’ Dog Combo** Two classics, one plate! **19.99**

Sides

- | | |
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| Fries 7.49 | Onion Rings 7.99 |
| Sweet Potato Fries 7.99 | House Made Cole Slaw 3.50 |
| Eggplant Fries 7.99
with marinara sauce | Chick Pea Salad 3.50 |
| | House Made Potato Salad 4.99 |
| | Side of Tzatziki Sauce 2.95 |

Hand Spun Shakes

- Chocolate Shake** **9.49**
- Vanilla Shake** **9.49**
- Strawberry Shake** **9.49**
- Black ‘n’ White** **9.49**
- Chocolate Banana Shake** **10.49**
- Malted Milkshake** You choose the flavor! **8.99**

Egg Creams & Ice Cream Sodas

- A diner classic – and no, they don’t have eggs in ‘em!
- Chocolate** **4.99**
 - Vanilla** **4.99**
 - Strawberry** **4.99**
 - Ice Cream Soda** You choose the ice cream, you choose the soda **6.99**
 - Root Beer Float** **6.99**

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Main Plates

Served with cup of homemade soup or tossed salad

- *NY Sirloin Steak** 16 oz. NY sirloin grilled to your liking; potato & veg **34.49**
- *Surf 'n' Turf** three stuffed shrimp (crabmeat stuffing), 14 oz NY Strip Steak, potato & veg **36.99**
- *Hot Open Faced Turkey Sandwich** house roasted turkey breast, smothered in homemade gravy; mashed potato & veg **21.49**
- *Hot Open Faced Roast Beef Sandwich** house roasted beef smothered in homemade gravy; mashed potato & veg **21.49**
- *Momma's Meatloaf** our famous housemade meatloaf from Momma's recipe, with mushroom gravy, mashed potato & veg **18.49**
- *Smothered Chicken** grilled chicken breast smothered with grilled peppers, onions, mushrooms and gravy; mashed potato & veg **20.99**
- *Liver with the Works** bacon and grilled onions; potato & veg **18.49**
- *Grilled Chicken** marinated chicken breast; served with potato & veg **18.49**
- *Stuffed Shrimp** four shrimp stuffed with house-made crabmeat stuffing, potato & veg **24.49**
- *Stuffed Filet of Sole** filet of sole stuffed with house-made crabmeat stuffing, potato & veg **22.99**
- *Grilled Shrimp** shrimp grilled with our garlic, wine and butter sauce; potato & veg **24.99**
- *Broiled Seafood Combo** two shrimp, two filet of sole, broiled in a lemon, butter and wine sauce, potato & veg **26.99**
- Beer Battered Fish 'n' Chips** codfish fried in our special beer batter; potato & veg **22.49**
- Fried Filet of Sole** beer batter coated sole served with creamy tartar sauce; potato & veg **22.49**
- Kosta's Fish Fry** panko coated shrimp, scallops, calamari, clams and filet of sole, with creamy tartar sauce; potato & veg **29.99**
- Fried Shrimp** panko coated shrimp tartar sauce; potato & veg **21.49**
- Linguini with baby clams** in a red or white sauce **17.99**

Maples Original Menu Favorites

Once upon a time, Maples was an old-style Italian red sauce shoppe, famous for its parmigiana dishes and Linguini 'n' meatballs. We salute our origins with these classic favorites and more!

- Parmigiana (Chicken or Eggplant)** marinara sauce, mozzarella, over pasta **23.49**
- Pasta with Sauce** choice of pasta **13.49**
- Pasta with Meatballs or Slice Sausage** choice of pasta **16.99**
- Pasta Alfredo** choice of pasta, rich cream sauce with parmesan cheese **17.49** add chicken **3.99**
- Pasta Carbonara** choice of pasta, rich cream sauce, bacon, peas with parmesan cheese **17.49** add chicken **3.99**
- Pasta ala Vodka** choice of pasta, pink vodka cream sauce, onions and parmesan cheese **15.99**
- Cheese Ravioli** marinara sauce **16.49** **Baked Ravioli** marinara sauce and cheeses **16.99**
- Baked Penne** with mozzarella **16.49** with ricotta and mozzarella **17.49**
- *Zuppa de Pesce** scrod, shrimp, mussels, calamari in a hot or mild sauce, over pasta **34.49**
- *Chicken Piccata** capers and artichokes in a lemon butter sauce, with pasta or potato **22.49**
- *Chicken Francaise** egg-battered, lemon butter, wine sauce, with pasta or potato **22.49**
- *Chicken Marsala** mushrooms, marsala wine sauce, over pasta or with side potato **22.49**
- *Chicken Maples** boneless chicken sautéed with roasted peppers, fresh tomato and spinach in a light cream sauce, served with pasta or potato **22.49**
- *Chicken Basilico** boneless chicken sautéed with crushed tomato, basil and garlic, topped with mozzarella, over pasta **22.49**
- *Chicken Portofino** boneless chicken with sautéed mushrooms in a sherry wine cream sauce, over pasta **22.49**

Pasta choices: Linguini, Penne

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Middlebury through the Years

Maples is proud to call Middlebury home! Whether you're a fellow resident or a visitor, we hope you enjoy the beauty that is and was Our Home Town!



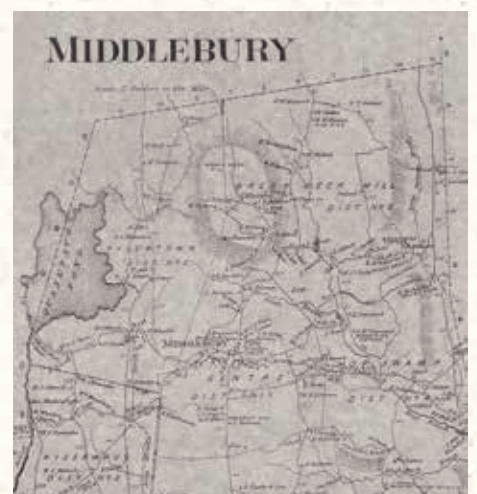
Four Corners Grill was a Depression-era favorite.



Quassy has been providing locals and visitors many decades of amusement and recreation, all centered on our beautiful Lake Quassapaug.



BATHING BEACH—Lake Quassapaug, Middlebury, Connecticut



An official map of Middlebury circa 1868.

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Enjoy your favorite Maples dish at home

**We Deliver through our partners
DoorDash, Slice, GrubHub and UberEats**



**UBER
EATS**

GRUBHUB

Maple's Private Room

**It's our privilege to host your family, business and civic gatherings.
Whether it's a buffet or served plates, we are proud to cater to your needs
and create for you a memorable event.**

Milestone Birthdays

Showers

Anniversaries

Rehearsal Dinners

Bereavements

Please inquire with Toni

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